

STORKA.CO

ARE YOU PLANNING A
PREGNANCY IN 2024?

Storka

NEXT PROGRAMME START

5 January 2024

@STORKA_PRECONCEPTION

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ARE YOU WANTING TO
SUPPORT YOUR FERTILITY AND
CONTRIBUTE TO THE HEALTH
OF YOUR FUTURE BABY?

Storka takes a *holistic approach* to preconception wellness and our aim is for you to feel *seen, heard, and supported* on your journey toward pregnancy.

The Storka Preconception Wellness Programme combines the wisdom of leading scientists, experts and advisers with integrative practices to create balance in your life and shape your future pregnancy, guiding you through 10 step-by-step modules.



STORKA WELLNESS EXPERTS

Shape your preconception health with guidance from:



Deanna Minich (Ph.D.)

Ph.D. in Medical Sciences
Certified Functional
Medicine Practitioner
Certified Nutrition
Specialist



Annie Pettersson (Ph.D.)

MSc in Molecular Biology
Ph.D. in Medicine
Scientific Advisor Storka



Louise Tjernqvist

Nutritional Therapist,
Biology of Trauma –
Attachment &
Neurodevelopment
TRE Practitioner



Annika Carroll

Women's Sleep & Health
Coach
Certified Holistic Nutrition &
Health Coach
Functional Diagnostic
Nutrition Practitioner



Christina Mattsson

Registered Nutritional
Therapist and Wellness Coach
Trained at the Institute for
Functional Medicine



Malin Söderberg (Ph.D.)

Ph.D. Reproductive Health,
Registered Midwife
Fertility Awareness Educator,
MediYoga therapist,
Psychotherapist



Lina Åhlén

BSc Nutritional Science
Educator, CEO & Founder
of Nutrition Matters



Anne Marie Jensen

Physiotherapist
Specialised in fertility
enhancing methods
CEO & Founder of Sund
Fertilitet

DON'T MISS OUR NEXT
PROGRAMME START:

5 January 2024

TO BE & FEEL READY FOR A
HEALTHY PREGNANCY!

MAKE USE OF YOUR EXCLUSIVE -25%
DISCOUNT CODE TODAY ON **STORKA.CO**

TRUE25

HAVE ANY QUESTIONS? WE'D LOVE TO
HEAR FROM YOU

FOLLOW US ON SOCIAL
MEDIA



OR

REACH OUT TO
INGRID@STORKA.CO
DIRECTLY



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Affiliate Partnership

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